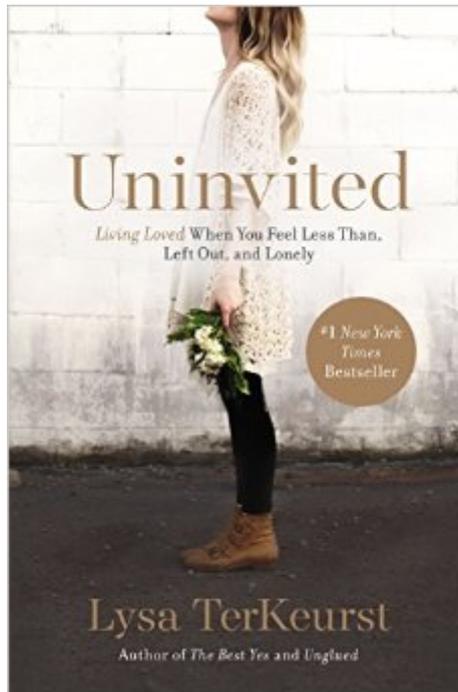


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# Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely



## Synopsis

The enemy wants us to feel rejected . . . left out, lonely, and less than. In *Uninvited*, Lysa shares her own deeply personal experiences of rejection--from the perceived judgment of the perfectly toned woman one elliptical over to the incredibly painful childhood abandonment by her father. She leans in to honestly examine the roots of rejection, as well as rejection's ability to poison relationships from the inside out, including our relationship with God. With biblical depth, gut-honest vulnerability, and refreshing wit, Lysa will help you: Stop feeling left out by believing that even when you are overlooked by others you are handpicked by God. Change your tendency to either fall apart or control the actions of others by embracing God-honoring ways to process your hurt. Know exactly what to pray for the next ten days to steady your soul and restore your confidence in the midst of rejection. Overcome the two core fears that feed your insecurities by understanding the secret of belonging. *Uninvited* reminds us we are destined for a love that can never be diminished, tarnished, shaken, or taken--a love that does not reject or uninvite.

## Book Information

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## Customer Reviews

*Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely* by Lysa TerKeurst is a sad reminder of the kind of life that the vast majority of us lived and are living. Fortunately, *Uninvited* does not end there. It tells us how we can *abdicate* from that state of being, free ourselves from the seemingly unbreakable shackles that have imprisoned us, and live a life that is connected not only to our fellow being but to God as well. I enjoyed the book and loved almost everything inside. Here are some hard-hitting quotes from the book, my selection of ten from hundreds: (1) Honesty isn't trying to hurt me. It's trying to heal me (2) Rejection steals the best of who I am

by reinforcing the worst of whatâ™s been said to me (3) Acceptance is like an antibiotic that prevents past rejections from turning into present-day infections. The need for belonging runs deep (4) If you want to know whatâ™s really inside a person, listen carefully to the words she speaks (5) When a man is physically present but emotionally absent, a girlâ™s heart can feel quite hollow and helpless (6) The mind feasts on what it focuses on. What consumes my thinking will be the making or the breaking of my identity (7) The beliefs we hold should hold us up even when life feels like itâ™s falling apart (8) Live from the abundant grace that you are loved, and you won't find yourself begging others for scraps of love (9) There is something wonderfully sacred that happens when a girl chooses to realize that being set aside is actually Godâ™s call for her to be set apart (10) People who care more about being right than ending right prove just how wrong they were all along. Read *Uninvited: Living Loved When You Feel Less Than, Left Out, and Lonely* by Lysa TerKeurst for a life-changing experience.

When I received my copy of *Uninvited*, I was excited â€œ new Lysa TerKeurst!!! â€œ but not entirely sure how it would impact me. I have had plenty of rejection of the years but I was quite sure Iâ™d dealt with those in therapy. Lysaâ™s insight though and biblical truth allowed me to see them through fresh eyes. To weave a new story for myself. She has a sticky statement that has got stuck in my head â€œ lines become lies which turn into liabilitiesâ€¢, so true! What others say and what I say to myself shapes my perspective of who I am. The webcast of the book launch (available here if you missed it) changed my understanding of Martha! Wow, Lysa claimed her name back from being â€œ the busy oneâ€¢ to being the one loved by Jesus. In the process, she changed my perspective of me. I too am a child loved by God and need to live loved, and so are you! Whilst the bible insight (Lysa brings it alive, can I get her to read it to me every night?!) and the wisdom is fantastic, two of my favourite things about this book are the real life, â€œ I can relateâ€¢ stories and the practical, â€œ hereâ™s how to live it outâ€¢ parts. The title of the blog is one of these, Lysa outlines 10 things we must remember when rejected. This one â€œ this could be an invitation to live in expectation of something elseâ€¢ is number three and sunk deep into my soul, what a joyful place to live, in expectation! I want to do that, when I donâ™t get the job I hoped for, when love isnâ™t arriving, when friends donâ™t behave the way I hope or we lose a client, I want to be excited about what God has around the corner for me, a better plan. Lysa continues her encouragement by sharing Psalm 34:18 in its original language â€œ The Lord draws near to the one who has had her heart shattered and delivers her from exposed grief to victoryâ€¢.

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